HealthFACTR

KNOW YOUR RISK

HealthFACTR evaluates your risk of developing these chronic diseases

DIABETES | HEART DISEASE | STROKE | LIVER DISEASE

IDENTIFY YOUR RISKS WITH 4 SIMPLE STEPS

1 REGISTRATION

Register on the HealthFACTR Express platform

2 MEASUREMENTS

Provide simple body measurements and blood biomarkers

3 QUESTIONNAIRE

Answer some basic medical history and lifestyle questions

4 RESULTS

HealthFACTR Express results will be available immediately!

Metabolic syndrome is a group of five risk factors that increase the chances of developing heart disease, diabetes and stroke. The five risk factors are:

- Increased blood pressure
- High blood sugar levels
- Excess fat around the waist
- High triglyceride levels
- Low levels of good cholesterol (HDL)

Having three or more of these factors will increase the risk of health complications

HEALTHFACTR

- Helps determine which lifestyle factors contribute to your risk
- Delivers actionable insights
- Provides action-oriented recommendations to reduce disease progression

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